

## Calendar of Events

May 7, 2026

### **Lunch Seminar: Magical and Energetic Practices for Clearing, Balance, and Prosperity Zoom**

12:00 PM - 01:00 PM PST

*Please register for our May 2026 lunch seminar:  
Magical and Energetic Practices for Clearing, Balance, and Prosperity*

*When: Thursday, May 7, 2026, from 12 p.m. to 1:00 p.m.*

*Where: This seminar will be presented remotely through Zoom; Join Zoom Meeting*

*Join Zoom Meeting*

*<https://us06web.zoom.us/j/81981963475?pwd=nxLpy7Og7DY1U85hZejnMagiRC9Qts.1>*

*Meeting ID: 819 8196 3475*

*Passcode: 525703*

*RSVP: through Member 365 (preferred if you are a MAMA member) or by email to  
lunchseminars@mamaseattle.org.*

*Please join MAMA Seattle for our upcoming lunch seminar on Magical and Energetic Practices for Clearing, Balance, and Prosperity with Alison DeGregorio. Outside her legal practice, Alison is a dedicated practitioner of magical and energetic practices. She has studied various types of ancient and modern magical traditions since her early teens. Her unique perspective bridges logic and intuition, offering a grounded approach to understanding how to use magic in everyday life, even for very busy women. In this lunch presentation, she will introduce the fundamentals of magic and spellwork, sharing practical tools to cultivate balance, harmony, and abundance. Attendees can expect an engaging, accessible exploration of what magic is, and how intention and energy can be consciously directed to support a more aligned and fulfilling life.*

*Alison DeGregorio*

*Alison DeGregorio is a transactional attorney with over twenty years of experience advising global corporations, high-growth startups, and mission-driven nonprofits. A seasoned solo practitioner and long-time outside counsel to large corporations, her practice as an attorney spans complex commercial transactions, advertising law, regulatory and privacy compliance, technology transactions, intellectual property, product counseling, and publishing and entertainment. Her work includes advising on high-visibility marketing campaigns, substantiating product claims, negotiating complex tech transactions and IP agreements, product counsel, and coordinating cross-functional guidance for her clients across privacy, product safety, competition, risk management, and public relations. Alison is licensed in New York and Washington.*

*MAMA Seattle would also like to thank our*

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*Questions? Contact us at [lunchseminars@mamaseattle.org](mailto:lunchseminars@mamaseattle.org).  
[www.MAMASeattle.org](http://www.MAMASeattle.org) | <https://mama.member365.com/>*

May 21, 2026

**CLE: Ethical Considerations for Board Service**

**Zoom**

12:00 PM - 01:00 PM PST

*MAMA Seattle invites you to our CLE:  
Ethical Considerations for Board Service  
Please join us on Thursday, May 21, 2026, from 12:00 to 1:00 pm PST.*

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